

Original Research Article



High performance thin layer chromatography fingerprint profile of ingredients and formulations of Shatavaryadi churna: an ayurvedic formulation

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Abstract

Objective: To develop the finger print of medicinally important ayurvedic formulation Shatavaryadi churna and its ingredients for presence of phytoconstituents in different extracts. *Methods:* Petroleum ether, chloroform, ethyl acetate and methanolic extract of all the ingredients and formulations were developed in the mobile phase n-hexane: diethyl ether (3:1), n-hexane: ethyl acetate: formic acid (6:4:0.2) n-hexane: ethyl acetate: formic acid (6:4:0.2) n-hexane: ethyl acetate: formic acid (5:4:0.2) respectively using standard procedures and scanned under UV at suitable wavelength. *Results:* The HPTLC fingerprinting of all the extracts has shown several peaks with different R_f values. *Conclusion:* This fingerprint profile would be helpful in the identification and authentication of the selected ingredients and the formulations.

Keywords:Shatavaryadi churna, High Performance Thin Layer Chromatography (HPTLC), Fingerprinting, *Asparagus racemosus,* Ayurvedic formulation.

Introduction

Modern medicine has evolved from folk medicine and traditional system only after thorough chemical and pharmaceutical screening; plants remain a major source of medicinal compounds. Synthetic drugs causes side effects as a result, people are more favorable to use natural compounds obtained from plants [1]. It has been estimated that 56% of the lead compounds for medicines in the British National Formulary are natural products [2]. Phytochemical analysis of plants which were used in folklore has yielded a number of compounds with various pharmacological activities. Standardization of the plant material is need of the day. Several pharmacopoeia containing monographs of the plant materials describe only the physico-chemical characters. Hence the modern methods describing the identification and quantification of active constituents in the plant material may be useful for proper standardization of herbs and its formulations. [3,4]

Shatavaryadi churna is a traditional Ayurvedic powdered formulation used for centuries with claimed efficacy and safety in immunomodulator, galactagogue, aphrodisiac and rejuvenator activities. The churna contains powder of tubers of *Asparagus racemosus* Willd.-1part, tubers of *Chlorophytum tuberosum* Baker.-1part, roots of *Withania somnifera* Dunal.-1part, seeds of *Mucuna pruriens* Linn.-1part, fruits of *Tribulus terrestris* Linn.-1part [5].

In the recent year advancement in of chromatographic and spectral fingerprints plays an important role in the quality control of complex herbal medicines [6]. Chemical fingerprints obtained by chromatographic techniques are strongly recommended for the purpose of quality control of herbal medicines, since they might represent appropriately the chemical integrities of the herbal

medicines and its products and therefore be used for authentication and identification of herbal plant [7,8]. HPTLC is more efficient, faster method and the results are more reliable and reproducible. In combination with digital scanning profiling, HPTLC also provides accurate and precise R_f values with purity of the individual spots as well as a record of the separation in the form of a chromatogram with fractions represented as peaks with defined parameters i.e. R_f , height and area [9]. The main objective of this study was to evaluate and optimize the HPTLC fingerprint method in standardization of Shatavaryadi churna and its ingredients to provide beneficial information with reference to the standardization.

Materials and Method

Plant Materials

The plant materials of Shatavaryadi churna were collected from the different sources and authenticated by Dr. E. Roshini Nayar, Principal Scientist, National Herbarium of Cultivated Plants, National Bureau of Plant Genetic Resources, Indian Council of Agricultural Research, Pusa Campus, New Delhi (India) i.e. Shatavari (Asparagus racemosus Willd.) Collected from the Narayanpur district of Chhatisgarh (India) (Identification Voucher No.: NHCP/NBPGHR/2011-7/); Safed Musli (Chlorophytum tuberosum Baker.) Collected from the Narayanpur district of Chhatisgarh (India) Voucher (Identification No.: NHCP/NBPGHR/2011-8/), Ashwagandha (Withania somnifera Dunal.) Purchased from local traders of New Delhi (India) (Identification Voucher No.: NHCP/NBPGHR/2011-10/), Atmagupta (Mucuna pruriens (L.) DC) Collected from the Narayanpur district of Chhatisgarh (Identification Voucher (India) No.: NHCP/NBPGHR/2011-6/) and Goksura (*Tribulus terrestris* Linn.) Purchased from local traders of New Delhi (India) (Identification Voucher No.: NHCP/NBPGHR/2011-9/). Parts of the ingredients were crushed and powdered using grinder and passed through sieve number#85. In-house Shatavaryadi churna was prepared from these powders by mixing them in one part for each ingredient and named as IH. Marketed Shatavaryadi churna was also procured from local market and named as M.

Sample preparation

The powders of sample were extracted with different solvents (analytical grade and were purchased from Merck Chemicals, India) ranging from non-polar to polar solvents. About 100g of the crude drug powder was subjected for soxhlet extraction with petroleum ether (40-60°C) for 12 h. The extract was concentrated under reduced pressure at 40°C. The dried marc were again subjected to successive extraction with different solvents i.e. chloroform, ethyl acetate and methanol. Same procedures were followed for extraction of all the samples. 10 mg of concentrated extract was dissolved in 10 ml of respective solvent in which they were extracted and all samples were prepared with same amount of extract and solvents.

Chromatography

The finger printing of different extracts of *Asparagus racemosus* Willd. (AR), tubers of *Chlorophytum tuberosum* Baker. (CT), roots of *Withania somnifera* Dunal. (WS), seeds of *Mucuna pruriens* Linn. MP), fruits of *Tribulus terrestris* Linn. (TT), Shatavaryadi churna *In-house* formulation (IH) and Marketed formulation (M)

were carried out using CAMAG HPTLC system (Switzerland) with a Linomat IV auto sample applicator. The analysis was performed in air-conditioned room maintained at 22ºC. HPTLC was performed on precoated silica gel HPTLC aluminium plates 60 F²⁵⁴ (20cm 10cm/10cm 10cm, 0.2mm thickness, 5-6µm particle size, E. Merck, Germany). 5-10µl of the sample (1µg/µl) solutions were spotted as band of 4mm or 5mm width by using auto samples fitted with a 100 µl Hamilton syringe. The plates were developed using optimized solvent system i.e. n-hexane: diethyl ether (3:1), nhexane: ethyl acetate: formic acid (6:4:0.2) and n-hexane: ethyl acetate: formic acid (6:4:0.2) for petroleum ether (40-60°C), chloroform, ethyl acetate and methanolic extract respectively in a CAMAG twin trough plate development chamber which was lined with filter paper and pre-saturated with 30ml mobile phase. The developed plates were air dried and scanned. A spectrodensitometer (Scanner 3, CAMAG) equipped with WINCATS planar chromatography manager software was used for the densitometry Measurement and data processing. Absorbance/emission was the measurement mode at a scan speed of 20 mm/sec. Spots of fraction were scanned from 200 to 800 nm so as to record their UV-VIS spectrum and to obtain wavelengths of maximum absorption. Densitogram were recorded at the wavelength of maximum absorption of the different sample spotted.

Results

All the ingredients and formulations were subjected to HPTLC analysis by specific solvent systems for respective extracts and detected under UV at 254nm. The chromatograms shown in Figure 1-7 that all sample constituents were clearly separated.

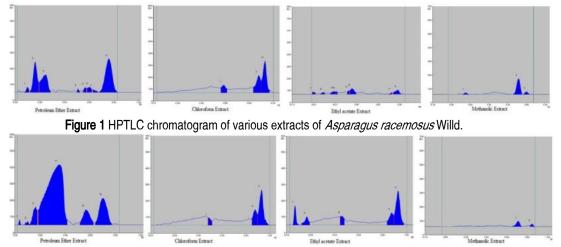
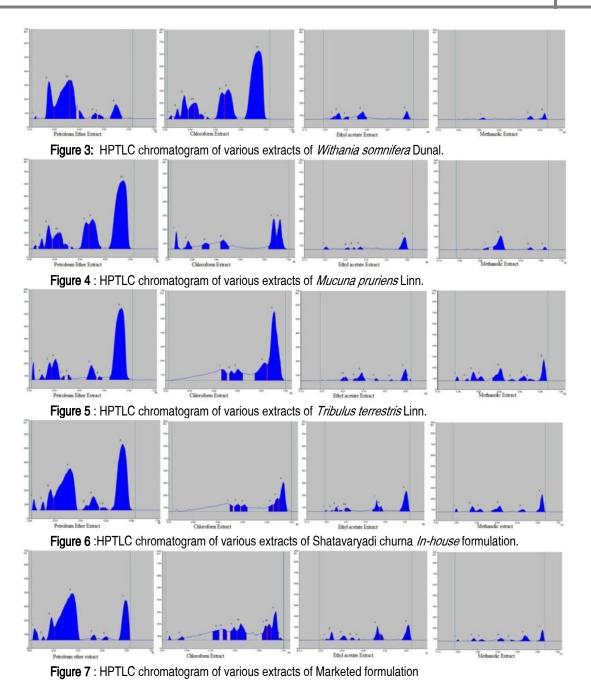


Figure 2: HPTLC chromatogram of various extracts of *Chlorophytum tuberosum* Baker.



It is evident from Table 1-2 that in the petroleum extracts there were 8, 6, 8, 10, 9, 9 and 7 spots respectively for AR, CT, WS, MP, TT, IH and M (Figure 1-7). Table 1 and 2 indicates the presence of minimum number of components in petroleum ether extract of respective sample, the components with R_f value 0.76, 0.35, 0.32,

0.75, 0.74, 0.73 and 0.36 respectively for AR, CT, WS, MP, TT, IH and M were found to be more predominant as the percentage area is more."

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Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
Asparagus racemosus	1	0.10	537.2	2.23	0.978	0.975	OK
	2	0.16	5552.3	23.04	0.999	0.998	OK
	3	0.25	5432.9	22.55	0.995	0.989	OK
	4	0.51	251.3	1.04	0.992	0.992	OK
	5	0.57	515.8	2.14	0.991	0.994	OK
	6	0.61	867.5	3.60	0.992	0.987	OK
	7	0.64	354.0	1.47	0.994	0.995	OK
	8	0.76	10583.5	43.92	0.998	0.986	OK
Chlorophytum Tuberosum	1	0.04	275.7	0.45	0.996	0.995	OK
	2	0.10	374.1	0.62	0.959	0.967	OK
	3	0.17	3233.3	5.33	0.975	0.985	OK
	4	0.35	42998.7	70.86	0.996	0.998	OK
	5	0.57	4686.2	7.72	0.999	0.996	OK
	6	0.71	9115.1	15.02	0.998	0.990	OK
Withania somnifera	1	0.05	158.7	0.36	0.999	0.999	OK
	2	0.16	8883.2	19.91	0.999	0.974	OK
	3	0.32	19141.0	42.89	0.990	0.999	OK
	4	0.33	8655.0	19.39	0.986	0.997	OK
	5	0.41	1280.3	2.87	0.992	0.987	OK
	6	0.53	1106.3	2.48	0.995	0.971	OK
	7	0.56	783.6	1.76	0.994	0.989	OK
	8	0.70	4617.6	10.35	0.996	0.990	OK
Mucuna pruriens	1	0.05	419.6	0.52	0.995	0.978	OK
	2	0.10	1681.4	2.07	0.998	0.986	OK
	3	0.16	5814.6	7.17	0.994	0.999	OK
	4	0.23	4499.5	5.55	0.959	0.978	OK
	5	0.24	2866.8	3.54	0.996	0.987	OK
	6	0.29	906.3	1.12	0.994	0.973	OK
	7	0.34	183.8	0.23	0.999	0.999	OK
	8	0.46	7858.6	9.69	0.998	0.998	OK
	9	0.51	12079.0	14.90	0.998	0.996	OK
	10	0.75	44761.1	55.21	0.989	0.993	OK
Tribulus terrestris	1	0.03	1554.5	2.70	0.999	0.992	OK
	2	0.11	811.5	1.41	0.977	0.988	OK
	3	0.17	3624.3	6.29	0.996	0.997	OK
	4	0.21	6242.5	10.83	0.999	0.998	OK
	5	0.28	505.9	0.88	0.995	0.997	OK
	6	0.32	630.2	1.09	0.992	0.980	OK
	7	0.50	4295.8	7.46	0.997	0.979	OK
	8	0.57	581.2	1.01	0.998	0.995	OK
	9	0.74	39376.8	68.34	0.999	0.996	OK

Table 1: Peak table for petroleum ether extract of ingredients of Shatavaryadi churna

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
In-house formulation	1	0.04	1235.1	1.75	0.971	0.961	OK
	2	0.11	929.9	1.32	0.978	0.980	OK
	3	0.17	4497.2	6.38	0.956	0.983	OK
	4	0.32	28381.7	40.27	0.999	0.998	OK
	5	0.45	858.8	1.22	0.973	0.997	OK
	6	0.50	4152.3	5.89	0.998	0.957	OK
	7	0.58	431.5	0.61	0.984	0.992	OK
	8	0.60	270.9	0.38	0.998	0.984	OK
	9	0.73	29728.7	42.18	0.999	0.993	OK
Marketed	1	0.05	2038.7	3.60	0.997	0.975	OK
formulation	2	0.12	361.8	0.64	0.989	0.975	OK
	3	0.19	4924.5	8.70	0.993	0.983	OK
	4	0.36	35101.2	62.03	0.993	0.998	OK
	5	0.53	993.7	1.76	0.979	0.956	OK
	6	0.64	728.9	1.29	0.997	0.996	OK
	7	0.79	12434.0	21.97	0.999	0.995	OK

Table 2 : Peak table for petroleum ether extract of Shatavaryadi churna formulations.

It is revealed from Table 3-4 that in chloroform extracts there were 3, 3, 5, 6, 5, 6 and 10 spots respectively for AR, CT, WS, MP, TT, IH and M (Figure 1-7). Table 3 and 4 indicates the presence of minimum number of components in chloroform extract of respective sample, the components with R_f value 0.93, 0.93, 0.93,

0.88, 0.91, 0.93 and 0.93 respectively for AR, CT, WS, MP, TT, IH and M were found to be more predominant as the percentage area is more.

Table 3: Peak table for chloroform extract of ingredients of Shatavaryadi churna.

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
Asparagus racemosus	1	0.58	2461.9	13.70	0.997	0.993	OK
	2	0.88	6070.7	33.77	0.992	0.999	OK
	3	0.93	9442.6	52.53	0.984	0.987	OK
Chlorophytum Tuberosum	1	0.48	1204.6	9.45	0.963	0.985	OK
	2	0.87	3374.2	26.48	0.994	0.996	OK
	3	0.93	8164.4	64.07	0.976	0.984	OK
Withania somnifera	1	0.07	2008.2	12.14	0.999	0.999	OK
	2	0.17	1736.5	10.50	0.997	0.997	OK
	3	0.45	1766.5	10.68	0.978	0.966	OK
	4	0.87	2945.0	17.81	0.996	0.979	OK
	5	0.93	8079.6	48.86	0.973	0.985	OK
Mucuna pruriens	1	0.06	2126.9	8.35	0.999	0.999	OK
	2	0.16	2070.8	8.13	0.998	0.990	OK
	3	0.32	2247.9	8.83	0.995	0.978	OK
	4	046	3407.1	13.38	0.969	0.963	OK
	5	0.88	8003.0	31.44	0.999	0.999	OK
	6	0.93	7603.0	29.86	0.973	0.986	OK
Tribulus terrestris	1	0.47	3202.5	6.25	0.993	0.983	OK
	2	0.55	2295.2	4.48	0.989	0.951	OK
	3	0.60	4458.9	8.70	0.991	0.979	OK
	4	0.82	9000.6	17.56	0.987	0.999	OK
	5	0.91	32288.6	63.01	0.996	0.992	OK

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
In-house formulation	1	0.50	1295.2	6.21	0.968	0.975	OK
	2	0.56	2459.1	11.80	0.981	0.972	OK
	3	0.62	2305.9	11.06	0.982	0.953	OK
	4	0.84	1674.6	8.03	0.987	0.999	OK
	5	0.89	3296.9	15.82	0.993	0.999	OK
	6	0.93	9809.7	47.07	0.961	0.979	OK
Marketed formulation	1	0.06	421.0	1.17	0.995	0.988	OK
	2	0.16	858.9	2.39	0.996	0.991	OK
	3	0.46	3937.9	10.95	0.985	0.999	OK
	4	0.50	2592.6	7.21	0.962	0.993	OK
	5	0.59	4474.4	12.44	0.995	0.997	OK
	6	0.65	7120.1	19.79	0.999	0.979	OK
	7	0.85	3650.9	10.15	0.990	0.999	OK
	8	0.88	3706.2	10.30	0.999	0.996	OK
	9	0.93	8848.9	24.60	0.969	0.988	OK
	10	0.97	362.7	1.01	0.996	0.998	OK

Table 4: Peak table for chloroform extract of Shatavaryadi churna formulations.

Table 5: Peak table for eth	yl acetate extract of ingredients of Shatavaryadi churna.

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
Asparagus racemosus	1	0.06	322.0	6.77	0.999	0.996	OK
	2	0.16	331.1	6.96	0.999	0.999	OK
	3	0.26	683.1	14.35	0.999	0.999	OK
	4	0.28	233.5	4.91	0. 999	0.999	OK
	5	0.40	433.9	9.12	0.999	0.999	OK
	6	0.42	1424.3	29.92	0.999	0.999	OK
	7	0.79	156.7	3.29	0.999	0.999	OK
	8	0.85	1175.0	24.69	0.999	0.999	OK
Chlorophytum Tuberosum	1	0.15	462.0	6.33	0.999	0.999	OK
	2	0.20	1560.9	21.40	0.999	0.999	OK
	3	0.27	642.3	8.81	0.999	0.994	OK
	4	0.43	2756.8	37.80	0. 999	0.998	OK
	5	0.86	1871.6	25.66	0.999	0.999	OK
Withania somnifera	1	0.09	1712.7	13.28	0.999	0.999	OK
	2	0.15	934.1	7.24	0.999	0.999	OK
	3	0.19	287.5	2.23	0.999	0.999	OK
	4	0.23	341.4	2.65	0.999	0.999	OK
	5	0.28	570.6	4.42	0.999	0.999	OK
	6	0.30	735.3	5.70	0.999	0.999	OK
	7	0.48	447.9	3.47	0.999	0.999	OK
	8	0.60	193.8	1.50	0.999	0.999	OK
	9	0.86	7677.1	59.51	0.998	0.996	OK
Mucuna pruriens	1	0.08	425.9	8.18	0.999	0.996	OK
	2	0.29	363.1	6.97	0.999	0.999	OK
	3	0.35	197.2	3.79	0.999	0.999	OK
	4	0.41	519.8	9,98	0. 999	0.999	OK
	5	0.85	3702.2	71.08	0.999	0.998	OK
Tribulus terrestris	1	0.28	534.7	8.35	0.998	0.999	OK
	2	0.29	483.2	7.54	0.999	0.999	OK
	3	0.39	391.8	6.12	0.999	0.999	OK
	4	0.45	1979.2	30.89	0. 995	0.999	OK
	5	0.58	314.2	4.90	0.999	0.999	OK
	6	0.73	152.4	2.38	0.999	0.999	OK
	7	0.86	2451.6	38.26	0.999	0.999	OK
	8	0.91	100.2	1.56	0.999	0.999	OK

Table 5-6 indicates that in ethyl acetate extracts there were 7, 5, 9, 5, 7, 9 and 8 spots respectively for AR, CT, WS, MP, TT, IH and M (Figure 1-7). Table 5 and 6 indicates the presence of minimum number of components in ethyl acetate extract of respective sample, the components with R_f value 0.93, 0.93, 0.93, 0.88, 0.91, 0.93 and 0.93 respectively for AR, CT, WS, MP, TT, IH and M were found to be more predominant as the percentage area is more.

Table 7-8 indicates that in methanolic extracts there were 3, 2, 3, 4, 9, 6 and 7 spots respectively for AR, CT, WS, MP, TT, IH and M (Figure 1-7). Table 7 and 8 indicates the presence of minimum number of components in methanolic extract of respective sample, the components with R_f value 0.72, 0.78, 0.91, 0.47, 0.48, 0.91 and 0.92 respectively for AR, CT, WS, MP, TT, IH and M were found to be more predominant as the percentage area is more.

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
In-house formulation	1	0.07	81.0	0.72	0.996	0.998	OK
	2	0.13	114.1	1.01	0.999	0.999	OK
	3	0.17	656.4	5.82	0.999	0.999	OK
	4	0.21	188.7	1.67	0.999	0.999	OK
	5	0.27	484.9	4.30	0.997	0.999	OK
	6	0.29	550.5	4.88	0.997	0.999	OK
	7	0.58	2092.8	18.57	0.994	0.998	OK
	8	0.62	827.6	7.34	0.997	0.999	OK
	9	0.88	6275.3	55.67	0.997	0.995	OK
Marketed formulation	1	0.12	195.4	1.60	0.999	0.999	OK
	2	0.17	1426.2	11.70	0.999	0.997	OK
	3	0.28	1311.2	10.76	0.996	0.995	OK
	4	0.37	508.7	4.17	0.999	0.999	OK
	5	0.43	122.4	1.00	0.999	0.999	OK
	6	0.60	2923.0	23.98	0.999	0.999	OK
	7	0.63	1023.1	8.39	0.971	0.992	OK
	8	0.89	4680.8	38.40	0.996	0.996	OK

Table 6: Peak table for ethyl acetate extract of Shatavaryadi churna formulations.

Table 7 : Peak table for methanolic extract of ingredients of Shatavaryadi churna.

Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
Asparagus racemosus	1	0.21	305.1	6.85	0.982	0.989	OK
	2	0.72	3624.4	81.41	0.991	0.996	OK
	3	0.83	522.5	11.74	0.999	0.999	OK
Chlorophytum Tuberosum	1	0.78	1200.8	75.79	0.999	0.999	OK
	2	0.91	383.6	24.21	0.998	0.969	OK
Withania somnifera	1	0.30	363.9	15.42	0.990	0.971	OK
	2	0.77	773.8	32.79	0.984	0.997	OK
	3	0.91	1222.3	51.79	0.998	0.989	OK
Mucuna pruriens	1	0.34	596.9	7.94	0.999	0.999	OK
	2	0.47	5869.9	78.10	0.985	0.974	OK
	3	0.76	568.2	7.56	0.999	0.999	OK
	4	0.90	481.2	6.40	0. 993	0.996	OK
Tribulus terrestris	1	0.05	554.0	3.20	0.999	0.999	OK
	2	0.15	370.7	2.14	0.999	0.999	OK
	3	0.21	2242.5	12.95	0.999	0.999	OK
	4	0.29	1287.4	7.44	0.999	0.999	OK
	5	0.48	5141.5	29.70	0.999	0.998	OK
	6	0.60	451.7	2.61	0.996	0.999	OK
	7	0.71	1621.2	9.36	0.999	0.999	OK
	8	0.76	592.1	3.42	0.999	0.996	OK
	9	0.90	5051.4	29.18	0.998	0.996	OK



Author's contributions

and approved the final manuscript

Acknowledgement

Puspendra Kumar carried out the extraction of the samples;

solvent system development and HPTLC fingerprint analyss. Dr.

Shivesh Jha carried out the participated in the design of the study,

interpretation of the data and drafting of manuscript. Dr. Tanveer

Naved conceived of the study, and participated in its design and

coordination and helped to draft the manuscript. All authors read

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Sample	Peak	R _f value	Area	Area %	r(s,m)	r(m,e)	Purity
In-house formulation	1	0.06	349.6	3.52	0.999	0.999	OK
	2	0.22	1369.0	13.68	0.999	0.999	OK
	3	0.30	891.3	8.97	0.999	0.998	OK
	4	0.49	2399.6	24.16	0.995	0.997	OK
	5	0.72	855.5	8.61	0.997	0.999	OK
	6	0.91	4076.7	41.05	0.996	0.998	OK
Marketed formulation	1	0.06	145.1	2.19	0.999	0.999	OK
	2	0.22	622.2	9.38	0.999	0.999	OK
	3	0.30	478.5	7.22	0.999	0.995	OK
	4	0.49	929.8	14.02	0.995	0.996	OK
	5	0.60	271.4	4.09	0.982	0.993	OK
	6	0.74	2011.9	30.33	0.984	0.960	OK
	7	0.92	2173.4	32.77	0.997	0.999	OK

Table 8 :Peak table for methanolic extract of Shatavaryadi churna formulations.

Conclusion

Present study proves that the HPTLC technique is feasible for development of chromatographic fingerprints to determine major active constituents of medicinal plants. The separation and resolution are much better, and the results are much more reliable and reproducible than TLC. The results obtained from qualitative evaluation of HPTLC fingerprint will be helpful in the identification and quality control of the drug. HPTLC analysis of all the ingredients and formulations of Shatavaryadi churna can provide standard fingerprints and can be used as a reference for the identification and quality control of the drug. The present study may be useful for the isolation, purification, characterization and identification of marker chemical compounds of the respective samples; the identified marker can be used for routine standardization of Shatavaryadi churna formulations.

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